### ATTENTION MD

Oren Mason M.D. 2537 Indian Trail SE, Grand Rapids, MI 49506 (616) 233-9850 Fax (877) 411-1871 Email: omason@attention.md

Thank you for your interest in our services. Please complete the enclosed questionnaires as carefully & thoroughly as possible. Any previous evaluations or reports you can include are helpful. Dr. Mason will personally evaluate these records prior to the initial appointment to understand your history.

#### ADHD DIAGNOSTIC EVALUATION COSTS

Questionnaires review & Dr. Mason's evaluation of the information *before* the initial appointment \$110.00 CPT code 96116

Initial appointment with Dr. Mason (85-90 min) \$325.00 CPT code 99204

Neuropsychological computerized diagnostic test \$135.00 CPT code 96130

Full payment of \$570.00 is expected upon virtual checkout at the time of service.

It would be very beneficial to include a significant other or spouse at your initial appointment. This person's perspective can be very helpful.

#### \*\*PLEASE NOTE: WE DO NOT BILL OR PARTICIPATE WITH ANY INSURANCE COMPANIES\*\*

We do provide you with the forms necessary to submit a claim, and your insurance company reimburses *you* according to your out-of-network benefit contract with them. We encourage you to call your insurance company to discuss your benefits using the CPT codes noted above.

#### **CANCELLATION POLICY**

If you need to cancel your initial appointment, you must do so **AT LEAST 72 HOURS IN ADVANCE**. Follow-up appointments require 24 hours notice. Missed appointments and cancellations after these deadlines incur the following fees: \$50.00 for follow-up appointments; \$100 for an initial appointment. If you miss your initial appointment we will request the \$100 be paid before adding you back on to the schedule, which can be several months out or longer.

### **FOLLOW-UP APPOINTMENTS**

The staff will be contacting you as your initial appointment approaches to schedule your first 3 follow-up appointments, each in one-month intervals after your initial appointment. We do our best to accommodate your schedule but our appointment availability can be extremely limited. The cost is \$165.00 per appointment (CPT code 99214), payable upon virtual check-out.

After your first 3 follow-up visits, frequency of appointments are every 1-3 months based on individual needs and complexity, until treatment is stabilized. Due to regulations regarding controlled substances, most patients appointment frequency requires 3-4 visits per year.

Please do not hesitate to contact our office if you have any questions. We look forward to meeting you and welcoming you to our practice!

| ı | have | read | the | above | and | agree: |
|---|------|------|-----|-------|-----|--------|
|   |      |      |     |       |     |        |

| Signed: | Date: |  |
|---------|-------|--|

| Patient Information                                     |                                |
|---|--------------------------------|
| Date of Birth:  | Today's date:                  |
| Last Name:  | First Name: M  F               |
| Address:  | City, State, Zip               |
| Landline phone:   | Cell phone:                    |
| Email address:  |                                |
| Emergency contact:                                      | Contact's phone:               |
|   |                                |
|   |                                |
| Responsible Party Information (if different than above) | or check here if same as above |
| Last Name:  | First Name:                    |
| Address:  | City, State, Zip               |
| Landline phone:   | Cell phone:                    |
| How is this person related to patient?:                 |                                |
| <u>,                                    </u>            |                                |
|   |                                |
| Insurance Information (for printing on claim forms)     |                                |
| Insurance Company:                                      |                                |
| ID#:  | Group #:                       |
| Subscriber's Name:                                      | Subscriber's DOB:              |
| Patient's Relationship to Subscriber:                   |                                |

# ATTENTION MD

## ADULT ADHD & MEDICAL HISTORY

| Name:  | Age:  |
|--|---|
| Occupation:  |   |
| Were you ever diagnosed with ADHD in the past? testing you may have had.)            | (If yes, when and where were you diagnosed and explain what type of |
|  |   |
|  |   |
| ***If you can provide recor  | ds from your diagnosis, please include them.***                     |
| What are the problems that led you to seek consulta                                  | ation now?  |
|  |   |
| When did it first occur to you that you may have A                                   | DHD?  |
| What difficulties do you have with attention, organ                                  | nization and task completion?                                       |
| Were they present as a child?  |   |
|  |   |
| What difficulties do you have with impulsivity—do present in child or teenage years? | oing things without thinking them through? Were similar issues      |
|  |   |
| What difficulties do you have with restlessness, tal                                 | kativeness or hyperactivity? Were they present as a child?          |
|  |   |

## **Medications for AD/HD**

Please list all AD/HD medications you use currently

| Medication name | Dose | Frequency | Used every day? |
|-----------------|------|-----------|-----------------|
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |

Additional Notes:

## Past Medications for AD/HD

Please list all AD/HD medications you have tried in the past.

| Medication name | Dose | Frequency | Why stopped? |
|-----------------|------|-----------|--------------|
|                 |      |           |              |
|                 |      |           |              |
|                 |      |           |              |
|                 |      |           |              |

Additional Notes:

Who encouraged you to be diagnosed?

Who referred you to Attention MD?

## GENERAL MEDICAL HISTORY

List any current medical problems

| (Diagnosis)                     | (Date)                                   | (Treatment)                                  |  |  |  |
|---------------------------------|--|--|--|--|--|
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
|                                 |  |  |  |  |  |
| HT WT Any rece                  | ent weight changes?                      |  |  |  |  |
|                                 | disorders. Please check any that apply   | to you and explain further in the right hand |  |  |  |
| column:                         | D . 1 . 1                                |  |  |  |  |
| Diagnosis                       | Date diagnosed                           | Outcome (resolved, still present, etc.)      |  |  |  |
| Coronary artery disease         |  |  |  |  |  |
| Cardiac arrhythmia              |  |  |  |  |  |
| Heart valve disorder            |  |  |  |  |  |
| Hypertension                    |  |  |  |  |  |
| Elevated cholesterol            |  |  |  |  |  |
| Diabetes                        |  |  |  |  |  |
| Cancer or tumors                |  |  |  |  |  |
| Concussion, head injury         |  |  |  |  |  |
| Epilepsy or seizure disorder    |  |  |  |  |  |
|                                 | Tic or movement disorder                 |  |  |  |  |
| Encephalitis (brain infection)  |  |  |  |  |  |
| ☐ Migraine headaches            | Meningitis  Misusing based as less       |  |  |  |  |
| Other headaches                 |  |  |  |  |  |
| <del></del>                     | without                                  |  |  |  |  |
| trauma)                         | Fainting, loss of consciousness (without |  |  |  |  |
| Stroke                          |  |  |  |  |  |
| Glaucoma                        |  |  |  |  |  |
| Hearing loss                    |  |  |  |  |  |
| Repeated ear infections         |  |  |  |  |  |
| Speech difficulties             |  |  |  |  |  |
| Thyroid disease                 |  |  |  |  |  |
| Asthma                          |  |  |  |  |  |
| Seasonal allergies              |  |  |  |  |  |
| Emphysema, chronic lung condi   | tion                                     |  |  |  |  |
| GE reflux                       |  |  |  |  |  |
| Peptic ulcer disease            |  |  |  |  |  |
| Pancreatitis                    |  |  |  |  |  |
| Hepatitis                       |  |  |  |  |  |
| ☐ Irritable bowel syndrome      |  |  |  |  |  |
| ☐ Urinary tract infections      |  |  |  |  |  |
| ☐ STD history                   |  |  |  |  |  |
| ☐ Skin condition (eczema, etc.) |  |  |  |  |  |
| ☐ Arthritis                     |  |  |  |  |  |
| ☐ Unusual childhood illnesses   |  |  |  |  |  |
| ☐ Birth complications           |  |  |  |  |  |

|          | Men only:   |                                |  |  |  |
|----------|---|--------------------------------|--|--|--|
|          | Prostate disorder   |                                |  |  |  |
|          | Fathered unplanned pregnancy  |                                |  |  |  |
|          | Women only:  Menopause Irregular periods Pelvic infections Unplanned pregnancy  Current birth control method? How many pregnancies have you had? children were born live? miscarriages? stillborn babies? abortions?  Any serious childbirth complications? |                                |  |  |  |
|          |   |                                |  |  |  |
| Alle     | ergies or severe side effects to medications?   |                                |  |  |  |
|          | Medications causing allergies:  | Reaction (hives, nausea, etc.) |  |  |  |
| 1.       | interioris eausing unorgies.  | reaction (myos, nauseu, etc.)  |  |  |  |
| 2.       |   |                                |  |  |  |
| 3.       |   |                                |  |  |  |
| 4.       |   |                                |  |  |  |
| 5.<br>6. |   |                                |  |  |  |
| Hav      | e you ever been hospitalized or had surgery?  |                                |  |  |  |
|          | Problem   | Date                           |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
| Wh       | en was your last complete physical exam?  |                                |  |  |  |
| Nan      | Name and address of primary care physician:   |                                |  |  |  |
|          |   |                                |  |  |  |
|          |   |                                |  |  |  |
| Nan      | ne(s) and address(es) of other treating physician(s)/therap   | ist(s):                        |  |  |  |

# Medications NOT for AD/HD

Please list all medications you use whether daily or "as-needed". Include all vitamins, supplements and over-the-counter medications: (Note that ADD/ADHD medications have been listed separately.)

| Medication name | Dose | Frequency | Used every day? |
|-----------------|------|-----------|-----------------|
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |
|                 |      |           |                 |

Additional Notes:

## **SYSTEMS REVIEW**

Below is a list of symptoms that some people have. Beside each item indicate how often each is a problem for you.

| Frequency                               | Never | <4/year | <1/month | <1/week | 1-3/week | nearly<br>daily |
|---|-------|---------|----------|---------|----------|-----------------|
| Chest pain with exertion                |       |         |          |         |          |                 |
| Chest pain NOT with exertion            |       |         |          |         |          |                 |
| Rapid heartbeat                         |       |         |          |         |          |                 |
| Irregular heartbeat                     |       |         |          |         |          |                 |
| Dizziness/lightheadedness with exertion |       |         |          |         |          |                 |
| Fainting                                |       |         |          |         |          |                 |
|   |       |         |          |         |          |                 |
| Urinary slowing                         |       |         |          |         |          |                 |
| Irregular periods (women)               |       |         |          |         |          |                 |
| PMS (women)                             |       |         |          |         |          |                 |
| Difficulty achieving or maintaining     |       |         |          |         |          |                 |
| erections (men)                         |       |         |          |         |          |                 |
|   |       |         |          |         |          | _               |
| Diarrhea                                |       |         |          |         |          |                 |
| Constipation                            |       |         |          |         |          |                 |
| Stomach pain                            |       |         |          |         |          |                 |
| Vomiting, nausea                        |       |         |          |         |          |                 |
| Dry mouth                               |       |         |          |         |          |                 |
|   |       |         |          |         |          |                 |
| Tics, unusual body movements            |       |         |          |         |          |                 |
| Headaches                               |       |         |          |         |          |                 |
| Blurred vision                          |       |         |          |         |          |                 |

## FAMILY HISTORY

Please indicate which, if any, of the following blood relatives have these listed disorders.

|  | Birthfather | Birthmother | Siblings | Paternal relatives | Maternal relatives |
|--|-------------|-------------|----------|--------------------|--------------------|
| ADD/ADHD diagnosed                           |             |             |          |                    |                    |
| ADD/ADHD suspected                           |             |             |          |                    |                    |
| Learning disabilities, dyslexia              |             |             |          |                    |                    |
| Depression                                   |             |             |          |                    |                    |
| Bipolar disorder, manic-depression           |             |             |          |                    |                    |
| Anxiety                                      |             |             |          |                    |                    |
| Panic attacks                                |             |             |          |                    |                    |
| OCD (Obsessive Compulsive Disorder)          |             |             |          |                    |                    |
| Tics or Tourette's disorder                  |             |             |          |                    |                    |
| Schizophrenia                                |             |             |          |                    |                    |
| Suicide                                      |             |             |          |                    |                    |
|  |             |             | <b>.</b> | <b>.</b>           |                    |
| Heart attack before age 65                   |             |             |          |                    |                    |
| Sudden death                                 |             |             |          |                    |                    |
| Other heart conditions                       |             |             |          |                    |                    |
| Alcohol abuse, alcoholism                    |             |             |          |                    |                    |
| Other substance abuse                        |             |             |          |                    |                    |
|  |             |             |          |                    | <b>I</b>           |
| Incarceration: prison sentence               |             |             |          |                    |                    |
| Physical abuse victim                        |             |             |          |                    |                    |
| Physical abuse perpetrator                   |             |             |          |                    |                    |
| Sexual abuse victim                          |             |             |          |                    |                    |
| Sexual abuse perpetrator                     |             |             |          |                    |                    |
| Aggressive, defiant, oppositional as a child |             |             |          |                    |                    |
| Dropped out of school                        |             |             |          |                    |                    |

Are there any other medical conditions that run in your families?

## ACADEMIC HISTORY

| Are you currently attending school?  |
|--|
| If yes, name of school, level attained:  |
| If not, how far did you go in school?  |
| Name of last school:   |
| Why did you decide to stop at that point?  |
| What were your grade point averages? High School GPA: College GPA:                                 |
| Did attention difficulties impact your performance?  |
| Did teachers ever suggest that you were performing less than your abilities?                       |
| What comments were typical from your teachers?   |
| Describe your study habits:  |
| Were there any subjects which you could not do no matter how hard you tried?  If so, which one(s)? |
| Did you repeat any grades? ☐ Yes ☐ No If so, which ones?   |
| Did you ever receive any special education services?   Yes No If so, please describe:              |
| What were your best subjects?  |
| Have you ever had formal IQ testing? ☐ Yes ☐ No If yes, when?  Do you know your score?             |

## **SOCIAL HISTORY**

| Please list everyone who lives in your home with you.  |
|--|
| Are you married, single, single with a partner, divorced or widowed?   |
| Describe or list any prior long-term relationships:  |
| If you are married or living with a partner Please rate your relationship:  (poor) (fair) (average) (good) (excellent)  1 2 3 4 5 6 7 8 9 10 |
| Are you adopted? ☐ Yes ☐ No  |
| Do you have children? (Please list including date of birth. Indicate any adopted/foster children with an asterisk [*].)                      |
| Did you place any children for adoption?   |
| What are your hobbies or spare time interests?   |
| WORK HISTORY Describe your current occupation:   |
| When did you begin this job?   |
| Briefly explain the other jobs you have held in adulthood. Include the type of work and how long you held the job:                           |
| Were you ever fired from a job?  |
| HABITS  Do you smoke? ☐ Yes ☐ No If not, did you smoke in the past? ☐ Yes ☐ No If yes to either question, what age did you begin smoking?    |
| What was your average use of cigarettes in packs per day?  |
| If you quit, what age did you finally accomplish this?   |
|  |

| Do you drink alcohol? Yes No If yes, what is the average number of drinks you have <u>in one week?</u> (One can [12 oz.] of beer, one glass of wine and one ounce [a shot glass] of distilled spirits all equal one drink.) |
|---|
| What is the highest number of drinks you have had <u>in one day</u> in the last year?   |
| Have you ever been convicted of DUI? ( $\underline{D}$ riving $\underline{U}$ nder the $\underline{I}$ nfluence of alcohol) $\square$ Yes $\square$ No  |
| Has anyone ever suggested to you that you have a "drinking problem"? ☐ Yes ☐ No   |
| Have you used any illegal drugs in the past year? $\square$ Yes $\square$ No $\ $ . If yes, please specify:   |
| Have you used any legal drugs illegally in the past year? This includes use of a friend's prescription medicine, illegal purchase of prescription drugs $\square$ Yes $\square$ No $\square$ If yes, please specify:        |
| Have you used any illegal drugs in the remote past? $\square$ Yes $\square$ No $\ $ . If yes, please specify:   |
| Please give an estimate of your usual caffeine intake per day.  cups of coffee  cups of tea  caffeinated colas, Mountain Dew, etc.  Legal  Have you ever been in trouble with the law?  Yes No If yes, please specify:      |
| Driving How many traffic accidents have you had? How many accidents were your fault?  |
| How many speeding tickets? How many other traffic tickets?  |
| Finances  Have you gambled with money that was needed for other purposes? ☐ Yes ☐ No  Has gambling ever caused other problems for you? ☐ Yes ☐ No  How much have you lost gambling in one year?                             |
| Have you ever gotten into credit trouble?   |
| Internet  Do you often use the Internet or games when you should be sleeping or doing more essential things?  |

## MENTAL HEALTH HISTORY

Check any diagnoses YOU have received in the past:

|        | Diagnosis  | Date of diagnosis    | Treatment             | Outcome            |
|--------|--|----------------------|-----------------------|--------------------|
|        | Depression   |                      |                       |                    |
|        | Bipolar disorder   |                      |                       |                    |
|        | Anxiety and/or panic   |                      |                       |                    |
|        | Obsessive compulsive disorder  |                      |                       |                    |
|        | Learning disability  |                      |                       |                    |
|        | Alcohol, substance abuse   |                      |                       |                    |
|        | Asperger, autism   |                      |                       |                    |
|        | Sensory Integration Disorder   |                      |                       |                    |
|        | Schizophrenia  |                      |                       |                    |
|        | Other mental disorder  |                      |                       |                    |
| Are yo | seling ou currently in counseling?  Yes so, with whom? yes-what is the focus of your couns |                      |                       |                    |
| Have   | you ever previously been in couns  | eling?   Yes   No    |                       |                    |
| Was t  | he counseling helpful?   |                      |                       |                    |
|        | italization<br>you ever hospitalized for any ment  | tal health problems? | res □ No If so        | , please describe. |
| Have : | you ever attempted suicide?  | Yes □ No If so, ple  | ase describe the circ | umstances          |

## Situational fears:

| No | Sometimes | Often |  |
|----|-----------|-------|--|
|    |           |       | Unrealistic worry about the possibility of harm to a loved one           |
|    |           |       | Unrealistic fear of death or calamity                                    |
|    |           |       | Refusal to leave home or distress when away from home                    |
|    |           |       | Specific fear: flying, heights, spiders, snakes, blood, injections, etc. |
|    |           |       | Please specify:  |

Further explanation that may be helpful:

## Anxiety, fear, worry:

| No | Sometimes | Often |  |
|----|-----------|-------|--|
|    |           |       | Unrealistic worry about future events                                    |
|    |           |       | Unrealistic worry about appropriateness of past behavior                 |
|    |           |       | Unrealistic concern about competence                                     |
|    |           |       | Marked self-consciousness  |
|    |           |       | Need for details and reassurance when looking forward to new experiences |
|    |           |       | Difficulty relaxing  |
|    |           |       | Dislike being observed in public; marked performance anxiety             |
|    |           |       | Easily embarrassed in public   |
|    |           |       | Avoid social situations  |
|    |           |       | Nail biting or any other nervous habit                                   |

Further explanation that may be helpful:

### Obsessions, compulsions:

| No | Sometimes | Often |  |
|----|-----------|-------|--|
|    |           |       | Recurrent thoughts, urges, images that cause anxiety   |
|    |           |       | Repetitive behaviors (picking at skin, hand washing, checking, ordering)                       |
|    |           |       | Repetitive mental acts (praying, counting, repeating words) in response to a troubling thought |
|    |           |       | Unable to stop pulling, twirling hair  |
|    |           |       | Preoccupied with physical appearance   |
|    |           |       | Preoccupied with sexual thoughts   |

Further explanation that may be helpful:

## **Depression symptoms:**

| No | Sometimes | Often |   |
|----|-----------|-------|---|
|    |           |       | Depressed or sad mood most of the day, nearly every day                     |
|    |           |       | Irritability, sullenness, anger most of the day, nearly every day           |
|    |           |       | Diminished pleasure in activities; loss of interest in hobbies, interests   |
|    |           |       | Crying, easy tearfulness  |
|    |           |       | Change in appetite—either a decrease or an increase                         |
|    |           |       | Excessive sleeping or trouble getting to sleep/staying asleep               |
|    |           |       | Diminished interest in friends, social activities                           |
|    |           |       | Fatigue or loss of energy   |
|    |           |       | Feeling of worthlessness or excessive guilt                                 |
|    |           |       | Diminished ability to concentrate, indecisiveness below your usual baseline |
|    |           |       | Feelings of hopelessness  |
|    |           |       | Recurrent thoughts of death, suicidal thought or attempts                   |

Further explanation that may be helpful:

## **Mood symptoms:**

| No | Yes |  |
|----|-----|--|
|    |     | Has there ever been a specific period or periods of time when you were not yourself and had one or more of the following symptoms? If yes, check the symptoms that occurred during the time(s) you have in mind. |
|    |     | Unrealistically high self-esteem, self-confidence or grandiosity   |
|    |     | Decreased need for sleep (e.g., feeling rested after only 3 hours of sleep)  |
|    |     | Irritability that led to shouting at people or starting fights or arguments  |
|    |     | Thoughts racing and tumbling   |
|    |     | More talkative than usual or pressure to keep talking  |
|    |     | Unusually high physical and/or sexual energy   |
|    |     | Unusually risky or foolhardy activities (e.g. engaging in unrestrained buying sprees, sexual indiscretions, or foolish business investments)   |

Further explanation that may be helpful:

## Sleep pattern:

| No | Sometimes | Often |   |
|----|-----------|-------|---|
|    |           |       | Trouble falling asleep                      |
|    |           |       | Trouble staying asleep—nighttime awakening  |
|    |           |       | Early morning awakening                     |
|    |           |       | Difficulty arising in the morning           |
|    |           |       | Sleepiness or falling asleep during the day |
|    |           |       | Snoring                                     |
|    |           |       | Apnea—stopping breathing                    |
|    |           |       | Unusually severe or persistent nightmares   |

Typical number of hours of sleep per night:

Further explanation that may be helpful:

### Post-traumatic symptoms:

| No | Sometimes | Often |   |
|----|-----------|-------|---|
|    |           |       | Recurring memories of past traumas  |
|    |           |       | Recurring dreams of past events   |
|    |           |       | Daydreams or flashbacks of past events                                    |
|    |           |       | Intense stress in specific situations that somehow connect to past events |
|    |           |       | Unable to remember important aspects of past events                       |

Further explanation that may be helpful:

# ADULT ADHD QUESTIONNAIRE

| Name:   | Date:                                  | 12_            | 3             | 4               |                        |
|---|--|----------------|---------------|-----------------|------------------------|
| Respond with the degree to which these apply to you. As you primarily the last two to four weeks. | u answer these questions, try to consi | der Not at all | Just a        | Pretty          | Very<br>much           |
|   |  | at all         | nttie         | much            | much                   |
| Attention and Organiz   | ation                                  |                |               |                 |                        |
| Difficulty or inefficiency organizing tasks and activities  |  |                |               |                 | Щ                      |
| Easily distracted by extraneous stimuli   |  |                | <u> </u>      |                 |                        |
| Difficulty sustaining attention in tasks or leisure activities                                    |  |                | $\perp \perp$ |                 | $\sqcup \sqcup$        |
| Make decisions impulsively, without considering consequence                                       | ces/outcomes                           |                | $\perp \perp$ |                 | $\sqcup \sqcup$        |
| Poor follow-through on promises or commitments  |  |                | <u> </u>      |                 |                        |
| Likely to drive a motor vehicle much faster than others   |  |                |               |                 |                        |
| Start tasks without reading or listening to directions carefully                                  | 7                                      |                | $\perp$       |                 |                        |
| Have trouble doing things in their proper order or sequence                                       |  |                | $+$ $\vdash$  | $\vdash$        | $\vdash \vdash$        |
| Difficulty stopping activities when they should do so   |  |                | $+$ $\vdash$  | $\vdash$        | $\vdash \vdash$        |
| Poor time sense, trouble managing time efficiently  |  |                |               | $\vdash$        |                        |
| Trouble listening when spoken to directly   | 1 t-1 - ff t                           |                |               | $\vdash$        |                        |
| Procrastinate or struggle to begin tasks that require sustained                                   | i mentai effort.                       |                |               | Ш               | Ш                      |
| Restlessness and Control of Ac<br>Uncomfortable doing things slowly and systematically; rush      | 5                                      |                |               |                 |                        |
| Impatient; hard to wait on others   | through activities of tasks            |                | + +           | H H             | $\vdash \vdash \vdash$ |
| Difficulty resisting opportunities or temptations   |  |                | + $+$         | H H             | H                      |
| Tend to act without thinking, make important decisions on the                                     | oo spur of the moment                  |                | + $+$         | $\vdash \vdash$ | $\vdash \vdash \vdash$ |
| Interrupt others  | le spur of the moment                  |                | + $+$         | $\vdash \vdash$ | $\vdash \vdash \vdash$ |
| Difficulty waiting turn, avoid lines, stoplights  |  |                | + $+$         | $\vdash \vdash$ | $\vdash \vdash \vdash$ |
| Complete others sentences, "jump the gun" in conversation   |  |                | + $+$         | $\vdash \vdash$ | $\vdash \vdash \vdash$ |
| Require effort to wait turn   |  |                |               | H               | $\vdash \vdash \vdash$ |
| Talk too much   |  |                |               | H               | $\vdash \vdash \vdash$ |
| "On the go", always moving  |  |                |               |                 |                        |
| Loud  |  | $\dashv$       | $+$ $\pm$     | $\vdash \vdash$ |                        |
| Restless when staying seated is required  |  |                |               | H               |                        |
| resides when saying search is required  |  |                |               |                 |                        |
|   |  |                |               |                 |                        |
| Emotional Self-contr  | ol                                     |                |               |                 |                        |
| Anxious, worried, stressed  |  |                |               |                 |                        |
| Avoid social situations, people interactions  |  |                |               |                 |                        |
| Short fuse, easily angered  |  |                |               |                 |                        |
| Blurt out or say things without thinking  |  |                |               |                 |                        |
| Easily frustrated   |  |                |               |                 |                        |
| Often wish I could take back comments   |  |                | <u> </u>      |                 | Щ                      |
| Self-centered, forget to think of others  |  |                | <u> </u>      |                 |                        |
| Throw tantrums  |  |                | <u> </u>      |                 |                        |
| Forget manners, impolite  |  |                | $\perp \perp$ |                 |                        |
| Moods unpredictable   |  |                | $\perp$       | $\Box$          |                        |
| Feelings of hopelessness  |  |                | $\perp \perp$ |                 |                        |
| Loss of interest in pleasurable activities  |  |                |               |                 |                        |
| Well-being  |  |                |               |                 |                        |
| Not sure of self  |  |                |               |                 |                        |
| Wish I had greater self-confidence  |  |                |               |                 |                        |
| Disbelieve positive feedback from others  |  |                |               |                 |                        |
| Act OK outside but unsure of self   |  |                |               |                 |                        |
| Feel unhappy  |  |                |               |                 | $\Box$                 |
| Avoid new challenges  |  |                |               |                 |                        |

| Adult Self-Report Scale (ASRS)   |                |        |           |       |            |       |
|--|----------------|--------|-----------|-------|------------|-------|
| Please answer the questions below, rating yourself on each of the criteria shown using the scale on the right side of the page. As you answer each question, circle the correct number that best describes how you have felt and conducted yourself over the past 6 months. Please give this completed questionnaire to your healthcare professional to discuss during today's appointment.  AT 26390 PRINTED IN USA. 3000033936 0303150 COPYRIGHT ©2003 World Health Organization. Reprinted with permission of WHO. All rights reserved. | Never          | Rarely | Sometimes | Often | Very Often | Score |
| Patient Name   | Toda           | ay's E | ate       |       |            |       |
| 1. How often do you make careless mistakes when you have to work on a boring or difficult project?   |                |        |           |       |            |       |
| 2. How often do you have difficulty keeping your attention when you are doing boring or repetitive work?   |                |        |           |       |            |       |
| 3. How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?  |                |        |           |       |            |       |
| 4. How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?  |                |        |           |       |            |       |
| 5. How often do you have difficulty getting things in order when you have to do a task that requires organization?   |                |        |           |       |            |       |
| 6. When you have a task that requires a lot of thought, how often do you avoid or delay getting started?   |                |        |           |       |            |       |
| 7. How often do you misplace or have difficulty finding things at home or at work?   |                |        |           |       |            |       |
| 8. How often are you distracted by activity or noise around you?   |                |        |           |       |            |       |
| 9. How often do you have problems remembering appointments or obligations?   |                |        |           |       |            |       |
| · ·  | Part A - Total |        |           |       |            |       |
| 10. How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?   |                |        |           |       |            |       |
| 11. How often do you leave your seat in meetings or other situations in which you are expected to remain seated?   |                |        |           |       |            |       |
| 12. How often do you feel restless or fidgety?   |                |        |           |       |            |       |
| 13. How often do you have difficulty unwinding and relaxing when you have time to yourself?  |                |        |           |       |            |       |
| 14. How often do you feel overly active and compelled to do things, like you were driven by a motor?   |                |        |           |       |            |       |
| 15. How often do you find yourself talking too much when you are in social situations?   |                |        |           |       |            |       |
| 16. When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves?  |                |        |           |       |            |       |
| 17. How often do you have difficulty waiting your turn in situations when turn taking is required?   |                |        |           |       |            |       |
| 18. How often do you interrupt others when they are busy?  |                |        |           |       |            |       |
|  | Part B - Total |        |           |       |            |       |

# WEISS FUNCTONAL IMPAIRMENT RATING SCALE SELF—REPORT (WFIRS-S)

INSTRUCTIONS: Circle the number for the rating that best describes how your emotional or behavioral problems have affected each item in the last month.

| A. F    | amily Issues   | Never or not at all | Sometimes or somewhat | Often or much | Very often or very much | Not Applicable |
|---------|--|---------------------|-----------------------|---------------|-------------------------|----------------|
| 1.      | Have problems with family                                  |                     |                       |               |                         |                |
| 2.      | Have problems with spouse/partner                          |                     |                       |               |                         |                |
| 3.      | Rely on others to do things for you                        |                     |                       |               |                         |                |
| 4.      | Cause fighting in the family                               |                     |                       |               |                         |                |
| 5.      | Make it hard for the family to have fun together           |                     |                       |               |                         |                |
| 6.      | Have problems taking care of family                        |                     |                       |               |                         |                |
| 7.      | Problems balancing your needs against those of your family |                     |                       |               |                         |                |
| 8.      | Problems losing control with the family                    |                     |                       |               |                         |                |
| B. Work |  |                     |                       |               |                         |                |
| 1.      | Problems performing required duties                        |                     |                       |               |                         |                |
| 2.      | Problems with getting your work done efficiently           |                     |                       |               |                         |                |
| 3.      | Problems with your supervisor                              |                     |                       |               |                         |                |
| 4.      | Problems keeping a job                                     |                     |                       |               |                         |                |
| 5.      | Getting fired from work                                    |                     |                       |               |                         |                |
| 6.      | Problems working in a team                                 |                     |                       |               |                         |                |
| 7.      | Problems with your attendance                              |                     |                       |               |                         |                |
| 8.      | Problems with being late                                   |                     |                       |               |                         |                |
| 9.      | Problems taking on new tasks                               |                     |                       |               |                         |                |
| 10.     | Problems working to your potential                         |                     |                       |               |                         |                |
| 11.     | Poor performance evaluations                               |                     |                       |               |                         |                |

|                 |  | Never or not at all | Sometimes or somewhat | Often or much | Very often or very much | Not Applicable |   |
|-----------------|--|---------------------|-----------------------|---------------|-------------------------|----------------|---|
| C. S            | chool  |                     |                       |               |                         |                |   |
| 1.              | Excessive use of TV, computer, or video games                  |                     |                       |               |                         |                |   |
| 2.              | Problems completing assignments                                |                     |                       |               |                         |                |   |
| 3.              | Problems getting your work done efficiently                    |                     |                       |               |                         |                |   |
| 4.              | Problems with teachers   |                     |                       |               |                         |                |   |
| 5.              | Problems with school administrators                            |                     |                       |               |                         |                |   |
| 6.              | Problems meeting minimum requirements to stay in school        |                     |                       |               |                         |                |   |
| 7.              | Problems with attendance                                       |                     |                       |               |                         |                |   |
| 8.              | Problems with being late                                       |                     |                       |               |                         |                |   |
| 9.              | Problems working to your potential                             |                     |                       |               |                         |                |   |
| 10.             | Problems with inconsistent grades                              |                     |                       |               |                         |                |   |
| D. Life Skills  |  |                     |                       |               |                         |                |   |
| 1.              | Excessive or inappropriate use of TV, computer, or video games |                     |                       |               |                         |                |   |
| 2.              | Problems keeping an acceptable appearance                      |                     |                       |               |                         |                |   |
| 3.              | Problems getting ready to leave the house                      |                     |                       |               |                         |                |   |
| 4.              | Problems getting to bed  |                     |                       |               |                         |                |   |
| 5.              | Problems with nutrition  |                     |                       |               |                         |                |   |
| 6.              | Problems with sex  |                     |                       |               |                         |                |   |
| 7.              | Problems with sleeping   |                     |                       |               |                         |                |   |
| 8.              | Get hurt or injured  |                     |                       |               |                         |                |   |
| 9.              | Avoid exercise   |                     |                       |               |                         |                |   |
| 10.             | Problems keeping regular appointment with doctor or dentist    |                     |                       |               |                         |                |   |
| 11.             | Problems keeping up with household chores                      |                     |                       |               |                         |                |   |
| 12.             | Problems managing money  |                     |                       |               |                         |                |   |
| D. Self-Concept |  |                     |                       |               |                         |                |   |
| 1.              | Feel bad about yourself  |                     |                       |               |                         |                |   |
| 2.              | Feel frustrated with yourself                                  |                     |                       |               |                         |                |   |
| 3.              | Feel discouraged   |                     |                       |               |                         |                |   |
| 4.              | Don't feel happy with your life                                |                     |                       |               |                         |                |   |
| 5.              | Feel incompetent   |                     |                       |               |                         |                |   |
|                 | -  | l                   | l                     |               |                         |                | 1 |

|             |  | Never or not at all | Sometimes or somewhat | Often or much | Very often or very much | Not Applicable |    |
|-------------|--|---------------------|-----------------------|---------------|-------------------------|----------------|----|
| E. S        | ocial Activities                               |                     |                       |               |                         |                |    |
| 1.          | Get into arguments                             |                     |                       |               |                         |                |    |
| 2.          | Trouble cooperating                            |                     |                       |               |                         |                |    |
| 3.          | Trouble getting along with people              |                     |                       |               |                         |                |    |
| 4.          | Problems having fun with other people          |                     |                       |               |                         |                |    |
| 5.          | Problems participating in hobbies              |                     |                       |               |                         |                |    |
| 6.          | Problems making friends                        |                     |                       |               |                         |                |    |
| 7.          | Problems keeping friends                       |                     |                       |               |                         |                |    |
| 8.          | Say inappropriate things at times              |                     |                       |               |                         |                |    |
| 9.          | Receive complaints from neighbors              |                     |                       |               |                         |                |    |
| <b>F. R</b> | isk Aggressive driving                         |                     | Тп                    |               | Гп                      |                |    |
| 2.          | Do other things while driving                  |                     |                       |               |                         |                |    |
| 3.          | Road rage                                      |                     |                       |               |                         |                |    |
| 4.          | Break or damage things                         |                     |                       |               |                         |                |    |
| 5.          | Do things that are illegal                     |                     |                       |               |                         |                |    |
| 6.          | Involved with the police                       |                     |                       |               |                         |                |    |
| 7.          | Smoke cigarettes, use tobacco                  |                     |                       |               |                         |                |    |
| 8.          | Smoke marijuana                                |                     |                       |               |                         |                |    |
| 9.          | Drink alcohol                                  |                     |                       |               |                         |                |    |
| 10.         | Take "street drugs"                            |                     |                       |               |                         |                |    |
| 11.         | Sex without protection (birth control, condom) |                     |                       |               |                         |                |    |
| 12.         | Inappropriate sexual behavior                  |                     |                       |               |                         |                |    |
| 13.         | Physically aggressive behavior                 |                     |                       |               |                         |                |    |
| 14.         | Verbally aggressive behavior                   |                     |                       |               |                         |                |    |
|             |  |                     | A. Family             | DO NO         | T WRITE                 | IN THIS ARI    | Ξ/ |

| DO NOT WRITE IN THIS AREA |  |  |  |  |  |
|---------------------------|--|--|--|--|--|
| A. Family                 |  |  |  |  |  |
| B. Work                   |  |  |  |  |  |
| C. School                 |  |  |  |  |  |
| D. Life skills            |  |  |  |  |  |
| E. Self-concept           |  |  |  |  |  |
| F. Social                 |  |  |  |  |  |
| G. Risk                   |  |  |  |  |  |
| Total                     |  |  |  |  |  |